

CARIBBEAN

TRAVEL
SOBER
The Journey Begins



February 27 - March 6, 2027

**7 Nights/Roundtrip: Galveston, TX
on the Norwegian Viva**

Prices Starting at: \$827

per person, based on double occupancy

\$250 Cruise Deposit or CRUISEFIRST/NEXT

\$275 Non-Refundable Admin Fee

per person due at time of booking

GUEST SPEAKER: Tennie M



NCL NORWEGIAN
CRUISE LINE®

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BOOK NOW: (805) 927-6910
travelsober.com / inthislife@aol.com

PRICES STARTING AT:

Inside \$827
Balcony \$1100
Suite \$2086

Oceanview \$899
Club Balcony Suite \$1497

DUE AT TIME OF BOOKING (per person):

\$250 cruise deposit or CRUISEFIRST/NEXT
\$275 non-refundable administrative fee

NEW OPTION - FREE STYLE PLUS: \$50 per person per day
premium perks: unlimited Starbucks, unlimited Wi-Fi,
50% off extra specialty dining, and prepaid service charge



ABOUT OUR SPEAKER

Tennie McCarty is one of our favorite presenters. She is a member of several programs, including AA, ACA, OA, and more. Tennie is one of the foremost experts in treating addiction to behaviors and substance, food. She is the author of *Shades of Hope: A Program to Stop Dieting and Start Living* and have been featured on Oprah Winfrey Network's series "Addicted to Food."



ABOUT THIS CRUISE

Sail into sunshine, culture, and adventure on a weeklong getaway packed with unforgettable port experiences. Aboard *Norwegian Viva*, you'll enjoy modern comfort and ocean-view relaxation—but the real magic happens the moment you step ashore.

Your Ports, Your Adventures

- **Cozumel** — Snorkel vibrant reefs, explore ancient Mayan ruins, swim with dolphins, or unwind on powder-soft beaches.
- **Roatán** — Dive into world-class coral walls, meet sloths and monkeys, zipline through jungle canopies, or savor local island culture.
- **Harvest Caye** — Enjoy NCL's private paradise with a massive pool, pristine beach, wildlife encounters, and Belizean shopping and cuisine.
- **Costa Maya** — Wander the Chacchoben ruins, float through crystal-clear lagoons, snorkel with sea turtles, or relax at a beach club.

Aboard Norwegian Viva

After each day of adventure, return to **Viva** for effortless dining, sunset cocktails, and laid-back evenings under the stars.

This is more than a cruise—it's a collection of moments you'll talk about for years. Let February 2027 be the month you trade routine for turquoise waters and unforgettable memories.

DATE	PORT	ARRIVE	DEPART
SA 2/27	Galveston, Texas		4:00 pm
SU 2/28	At Sea		
M 3/1	Cozumel	8:00 am	5:00 pm
TU 3/2	Roatan Bay Islands	8:00 am	5:00 pm
W 3/3	Harvest Caye	7:00 am	5:00 pm
TH 3/4	Costa Maya	7:00 am	1:00 pm
F 3/5	At Sea		
SA 3/6	Galveston, Texas	8:00 am	

ABOUT IN THIS LIFE/TRAVEL SOBER

We have been privileged to provide sober travelers a safe place to enjoy each other's company, experience great speakers and workshop leaders while enjoying all the benefits of cruise and land vacations with like-minded people.

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